

Z-HEALTH PERFORMANCE SOLUTIONS, LLC

PRESENTS THIS CERTIFICATE TO:

Alena Romanova

For successfully completing:

Essentials of Elite Performance



Completed on: December 24, 2021

Study hours: 21

NCSF #2910007 7 CEU
NSCA #D1025 2 CEU
NASM #12,029 1.90 CEU
AFAA #12,030 15 CEU
NPCP #34884-2836 21 CEU

A handwritten signature in black ink, reading "W. Eric Cobb, D.C.", positioned above a horizontal line.

Dr. W Eric Cobb
Z-Health Founder and CEO

